

# Who We Are

St. Louis Family Enrichment is a local chapter of Family Enrichment USA, which is an affiliate of the International Federation for Family Development.

The International Federation for Family Development is a non-governmental, independent, and non-profit federation whose primary mission is to support families through training. IFFD has General Consultative Status with the UN Economic and Social Council.

Our Website with local courses and information, as well as links to the websites of Family Enrichment USA and the International

Federation of Family Development is  
[www.familyenrichmentstl.com](http://www.familyenrichmentstl.com).

# Mission

Family Enrichment is a not-for-profit organization dedicated to the support of the family as the natural environment for the children's education and promotes the exchange of family experiences. As the first and primary educators of their children, it is incumbent upon fathers and mothers to do the best job they can in raising their children. This takes constant effort and study. The courses offered by St. Louis Family Enrichment serve to help parents carry out this great responsibility.

The courses encourage parents to educate their young children as a whole, nurturing the psychological, intellectual and cultural aspects of each child.

Presented By St Louis Family Enrichment

# First Steps Course

For parents with children ages 0-3  
[www.familyenrichmentstl.com](http://www.familyenrichmentstl.com)



# About

This course is for parents with children from birth to 3 years old and couples planning to become parents.

## Background

The courses offered by Family Enrichment make use of the **case-study method**, which is commonly found in business- and law-school classrooms. The case studies center the discussion of each class on real situations with which participants can identify. They are rich in complex family situations that help bring to the forefront varies aspects within the life of the family that are essential for proper, productive relationships among family members: husband and wife, parents and children, sibling relationships, immediate family with extended family and friends.

Throughout the course, participants will learn the **case-study method** and how to apply it to family life.

While the case studies are instructive, it is the wisdom brought to bear on them from the experience of the participating couples, crystallized in the general session by a professional moderator, that often provides the greatest insights.

# What's Covered?

## Course Objectives:

To provide parents with practical knowledge of childhood development.

To encourage parents to use this knowledge to promote optimal psychological, developmental, intellectual, and cultural growth in their children.

To foster better communication between husband and wife while increasing family harmony.

To promote interaction and friendship among families.

## Topics:

Key aspects of child development

Unity in Marriage

Discipline

Temperament

Sibling Relationships

# Details and Registration

## Dates for 2025-2026

**Meetings are from 7 - 9 p.m.**

\* Intro Session 1 - September 6

\* Intro Session 2 - September 13

Case 1 - October 18

Case 2 - November 15

Case 3 - January 17

Case 4 - February 21

Case 5 - March 21

## Location:

Washington University, Danforth Campus Park in Danforth University Center Garage

6475 Forsyth Blvd

St. Louis, MO 63105

## Registration

Register online at [www.familyenrichmentstl.com](http://www.familyenrichmentstl.com).

Registration for the class is not complete until you have paid via the Online Payment on the website.

**Cost: \$225 per couple. If this is your first course, attending an intro session is required.**

\*Intro Sessions are free. They are an opportunity to learn about the class. Please register for one Intro Session if you are new to Family Enrichment.

**Questions?** E-mail [info@familyenrichmentstl.com](mailto:info@familyenrichmentstl.com) or text or call Claire Andrews at 314-873-9175